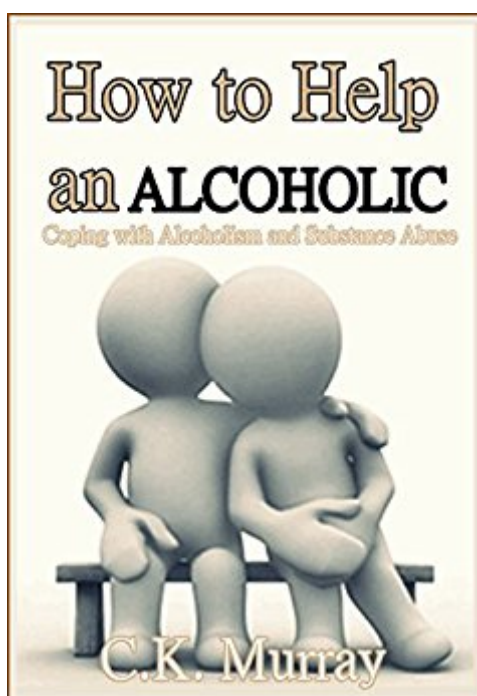


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# How To Help An Alcoholic: Coping With Alcoholism And Substance Abuse (Help An Alcoholic Spouse, Alcoholic Family Member, Friend Or Addict) (Coping With ... Husband, Dependence, Domestic Abuse)



## Synopsis

Learn How To Help An Alcoholic Alcoholism affects everybody It doesn't matter who you are or what you do, if you know an alcoholic, your life will change. Interpersonal relationships will suffer, recovery will stagnate, and families will crumble. Coping with an alcoholic can be the most trying thing in the world, damaging us emotionally, mentally, spiritually, and even physically. Alcoholism and the family can never go hand-in-hand. But it can be treated. Alcohol addiction recovery is possible. Whether coping with an alcoholic spouse, living in an alcoholic family, struggling with an alcoholic friend, or overcoming your own alcoholism, we can all overcome addiction! If you want to go beyond simply living with alcoholism, it is time to get informed. Substance abuse counseling is a necessary part of recovery. In order to remove the effects of alcoholism on family and marriage, in order to truly help an addict, we must learn to support an alcoholic. Helping an alcoholic is no easy task, but it is certainly within our power. Even the most incorrigible alcoholics can get the addiction treatment they need. Through the right approach, the correct action plan, and the proper addiction recovery program, we can all learn how to reverse the terrible effects of alcoholism and sustain recovery once and for all. So don't waste anymore time. Begin by getting help TODAY. Support an alcoholic through substance abuse counseling, family interventions, and psychologically-proven strategies. Repair your family, your marriage, and your most precious interpersonal relationships. Here's how... How to Help an Alcoholic: Coping with Alcoholism and Substance Abuse (A Preview): Who Is The Alcoholic? Denial Mechanisms of the Alcoholic The Major Types of Alcoholic How to Approach an Alcoholic about Treatment Formulating an Action Plan Finding the Treatment Program that WORKS Bringing Therapy Full-Circle My Own Experience Tags: interpersonal relationships, substance abuse counseling, alcoholism and the family, support an alcoholic, alcoholism and marriage, helping an alcoholic, recovery

## Book Information

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Dysfunctional Families

## Customer Reviews

I lost an uncle to alcoholism and his son who happens to be my favorite cousin seems to be going the same way, that's why I bought this book to see if I could help my cousin with his drinking problem. This book is amazing; it lets you know the difference between alcoholics and mere drinkers. It made me realize that my cousin's refusal to accept his drinking problem was a denial mechanism associated with his problem. This book has thought me steps I can take to help Jason change, I've started and he's already starting to accept that he has a problem and we're trying to find the best way to overcome it. Thank you C.K Murray

this book takes a realistic stance from somebody who's been there. the strategies offered help and it was good to hear the anecdotes of similar people. being an addict is tough but can be treated. thank you!

Very happy I came across "How to Help an Alcoholic." We've all met people in need of help but it can be very difficult. Substance abuse is hard to cope with especially when it touches close to home, and I found a lot of information in this book to be good. A nice and informative read for anybody affected by alcoholism and/or substance abuse who is looking to help a person in need.

Great book that offers some truly helpful advice on how to help friends and family with alcohol dependence issues. Informative and full of great insight. This book is a must for anyone who knows a person struggling with substance abuse! Highly recommend it!

Really helpful and insightful book on coping. I got this book as a gift and really enjoyed learning

about the disease of alcoholism. It confirmed what I expected about a family member and I plan to have this book go to the spouse of them. Great read and should be read by anyone that is dealing with problems centered around an alcoholic.

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